



## HOW TO GET STARTED!

### REGISTER

Please visit [www.regattacentral.com](http://www.regattacentral.com)

Choose the CLUB tab

Scroll down to the Indianapolis Rowing Center

Select Novice (new rowers) or Varsity (returning).

Join!

SIGN YOUR WAIVER ONLINE (required each calendar year)

<https://www.regattacentral.com/athletes/>

Enter the roster code **IN-693956**

RETURN YOUR SWIM TEST (required every 4 years)

USRowing requires this of all participants before they can row.

We will be offering a swim test at IRC on Thursday, August 20<sup>th</sup> during the novice practice.

You are welcome to complete the test at this time.

RETURN YOUR EMERGENCY CONTACT CARD

We keep these on file. If no contact information has changed, you do not need to update it.

RETURN YOUR CODE OF CONDUCT FORM

Please sign and bring to your coach the first day of practice.

PAY

You may pay your fee online or submit a check to IRC.

Payment plans are available. Please send a check to the boathouse for the first payment (\$200).

Scholarship applicants should make their first payment of \$50 at the time of registration.

COME TO PRACTICE

***See you soon!***